TSC Category	Child Safety and Well Being					
TSC	Health, Hygiene and Nutrition for Children					
TSC Description	Establish health, hygiene and nutrition standards and procedures that support children's development					
TSC Proficiency	**Level 1**	**Level 2**	**Level 3**	**Level 4**	**Level 5**	**Level 6**
		ECC-CSW-2002-1.1	ECC-CSW-3002-1.1	ECC-CSW-4002-1.1	ECC-CSW-5002-1.1	ECC-CSW-6002-1.1
		Implement Centre's health, hygiene and nutritional standards and procedures	Adapt health, hygiene and nutritional approaches to meet the diverse needs of children	Review health, hygiene and nutritional standards and procedures for improvements	Support the development and improvements of health, hygiene and nutritional standards and procedures	Establish health, nutritional and hygiene standards and procedures
Knowledge		• Children's personality, styles of communications and temperaments • Vaccinations and immunisations • Rationale for ensuring health, nutritional and hygiene standards • Rationale for procedures for illnesses, accidents and emergencies • Basic first aid for infants and young children • Signs and symptoms of basic ailments in children of different age groups • Appropriate care-giving practices • Administration of prescribed and non-prescribed medication • Communication methods with families • Common hygiene and nutritional challenges in routine care activities and eating	• Methods to adapt to the diverse needs of children • Situations which pose as health risks to children <u>For Infants and Toddlers</u> • Circumstances where modifications to care-giving infant's health, hygiene and nutritional practices are required	• Concepts and approaches of health, hygiene and nutrition for children of different age groups • Intentional review process of health, hygiene and nutrition practices in the Centre • Rationale for procedures for illnesses, accidents and emergencies • Strategies and approaches in responding to illnesses • Strategies to promote a hygienic and healthy environment within the Centre	• Key issues, trends and best practices on health, hygiene and nutrition for children of different age groups • Methods to evaluate health, hygiene and nutritional approaches • Mentoring methodologies • Ways to support Centre leaders in ensuring a safe and healthy environment within the Centre • Guidelines, policies and regulation from relevant government bodies on child health, hygiene and nutrition	• National guidelines on health, hygiene and nutritional approaches • Ways to establish procedures for illnesses, accidents and emergencies • Current research and key trends on health, nutritional and hygiene standards and procedures • Strategies to implement health, hygiene and nutritional standards

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		For Infants and Toddlers • Record keeping related to infants, toddler's health and nutrition				
Abilities		• Conduct various care-giving tasks • Engage parents on children's dietary requirements aligned to their developmental milestones • Ensure a safe and healthy physical environment for children by following regulations regarding basic health, hygiene, and nutritional standards • Respond appropriately to accidents and emergencies, while assuring the comfort and care of other children • Adhere to procedures for illnesses, accidents and emergencies • Promote healthy eating habits of children by ensuring a balanced diet based on nutritional standards • Respond to common ailments, diseases and infections affecting children • Adhere to procedures for administrating prescribed and non-prescribed medication For Infants and Toddlers • Prepare, sterilise, storing milk and milk bottles	• Modify daily routines and activities to accommodate the interests and needs of children • Review infants' and toddlers' records • Document interactions with families • Devise innovative ways to educate children on precautions and rules, and enforce hygiene rules consistently • Adhere to Centre's health, hygiene and nutritional guidelines when responding to the needs of the children • Communicate with families and caregivers on the importance of a healthy lifestyle for children • Liaise with external agencies, specialists and other stakeholders to ensure health and hygiene standards are met • Ensure appropriate response and reporting of illnesses • Respect the views and stances of families and caregivers regarding health and nutritional issues of the children	• Revise health, hygiene and nutritional approaches for improvements based on best practices, children's needs and educators' feedback • Implement written guidance to support and enhance health, hygiene and nutritional practices • Mentor educators in health and hygiene standards and procedures • Ensure adherence to procedures for illnesses, accidents and emergencies • Ensure that protocols for children with specific health care needs are in place and readily available • Co-conduct regular emergency drills with children and colleagues • Ensure that any concerns or questions about a child's health needs are conveyed to their family • Model good health, hygiene and nutritional practices • Ensure new colleagues are informed of specific arrangements for children in their class to ensure stability and consistency of care	• Collaborate with Centre management to establish health, hygiene and nutrition policies and processes • Strengthen professional development of educators regarding health, hygiene and nutritional guidelines • Facilitate professional discussions with staff to evaluate existing procedures on health, hygiene and nutritional approaches • Communicate importance of optimal health and nutritional guidelines to colleagues and parents • Co-lead with Centre leader in periodic review of the implementation of health and nutritional guidelines • Plan and inform others of appropriate response procedures in the event of emergencies • Co-plan and conduct regular emergency drills with children and colleagues • Plan menu for children of different age groups	• Establish procedures for responding and reporting of illnesses • Implement policies and procedures to promote health, hygiene and nutrition practices • Establish structures for continuous review and enhancement of health, hygiene and nutritional approaches • Advocate a culture of health, hygiene and nutrition to colleagues and children • Evaluate environments and activities, and ensure that actions are taken according to guidelines • Provide clarity on the execution of procedures for illnesses, accidents and emergencies • Lead in periodic review of the implementation of health and nutritional guidelines • Lead in monitoring and evaluating the effectiveness of Centre-specific health, nutritional and hygiene standards and procedures • Advise families and public health authorities where necessary, of cases of infectious diseases

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		Maintain records related to infants and toddlers' health and well-being		• Assist in planning of menu to address allergic, religious and other considerations		• Plan schedule to ensure regular maintenance and cleanliness of premises and facilities for children's well-being

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