WE'VE GOT MAIL!®

PARENTS ON HOW THEY RAISE THEIR CHILDREN TO BE CONFIDENT LITTLE PEOPLE.



I believe in 'letting go' so as to give my daughter opportunities to overcome

challenges on her own, and to develop self-confidence and grit. She knows she has the space to explore and to make mistakes. But she knows too that she can count on me if she is unable to manage on her own. I always remind myself to let her problem-solve before rushing in too quickly to help.

Nazurah Omar, Mother of a 4-year-old girl





My husband and I have been letting our three sons do things for themselves. These

include picking out their own outfits, tucking themselves in at bedtime, and packing their own suitcases when we go on a holiday. They may not always get things right, but practice makes perfect, and we always praise the boys for their efforts. It is our hope that they grow up self-assured and confident.

Debra Li, Mother of three boys aged 3, 5 and 7



A:

As a mum, I try to understand my elder

daughter's personality, and give her lots of encouragement to build her self-confidence. I realise that when I use encouraging words, my daughter reacts more positively and is more motivated than when I simply cuddle her or buy her toys. She is now a self-confident four-year-old, capable of feeding and cleaning up after herself.

Sarah Lau, Mother of two girls aged 2 and 4





In the January-March 2017 issue, we asked you to show us the puppets you made from toilet rolls. Here are some outstanding entries:



Choo Si Jie, 4



Julyssia Ong Si, 6



Muhammad Sheraz Bin Zed, 5

LEARNING BEGINS AT HOME

Your child is learning all the time. Share with us how you create an enriching home environment to enhance your child's learning through fun and play. Attach a photo with your anecdote, and your submission may appear in the next issue of *Beanstalk*!



Send your story to beanstalk @mediacorp.com.sg with your name and contact details.

We have three \$30 NTUC FairPrice Vouchers to give away, and you may be one of the winners.