

## A CAUALINE

A TASTY, CRISPY SNACK THAT YOU CAN MAKE AND ENJOY WITH YOUR LITTLE ONES!

CORNFLAKES COOKIES

## WHAT YOU'LL NEED

- 3 tbsp of unsalted butter
- ▶ 1 cup of sugar
- ▶ 1 tbsp of honey
- ▶ 4 cups of cornflakes

FOLLOW THESE STEPS





Preheat oven to 150°C.



Heat butter, sugar and honey in a small saucepan till frothy. Remove from heat.



Add cornflakes and mix well.



4 Spoon into mini baking cups.



Bake for 10 minutes, or until golden brown.



6 Cool on a plate. They are now ready to eat!



For a healthier choice, opt for plain cornflakes instead of flavoured or sugar-coated types when preparing this snack. Use less sugar if preferred. When eating cornflakes for breakfast, add fresh fruits and milk to your bowl for a balanced meal.



This recipe is adapted from 4 Ingredients by Kim McCosker and Rachael Bermingham.



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