

TREK THIS OUT!

EMBARK ON FIVE KID-FRIENDLY WALKS AND DISCOVER THE DIFFERENT SIDES THAT MAKE OUR LITTLE RED DOT SPECIAL.



Peranakan Museum

1 The Back To School Trail

Prepare your child for primary school by checking out some of Singapore's oldest school buildings, while at the same time, sharing your fond school memories with him. Many of these former school buildings are clustered in the Civic District, so it's possible to cover a few stops on your walk. Did you know that Tao Nan School used to be housed in the Peranakan Museum at Armenian Street? Or that the former CHIJ (Town Convent) and St Nicholas Girls' School occupied the present-day CHIJMES on Victoria Street?

Get the trail guide from [roots.sg/visit/trails/heritage-schools-trail](https://www.roots.sg/visit/trails/heritage-schools-trail)



Cavenagh Bridge

2 The Singapore River Trail

Introduce your child to the activities and communities that flourished along the waterway. Begin your trek from Cavenagh Bridge, the oldest surviving bridge spanning the Singapore River, built in 1869. Nearby, you'll find busts of notable foreign leaders and personalities who have close links to Singapore. Other points of interest include Masjid Moulana, Singapore's only underground mosque and the former Thong Chai Medical Institution.

Plan your route with [roots.sg/visit/trails/singapore-river-walk](https://www.roots.sg/visit/trails/singapore-river-walk)

3 The Go Green Trail

Inspire a love for nature and its wonders on this trek through Bedok Reservoir. With bird- and butterfly-attracting plants and shrubs, the water catchment area is home to kingfishers, blue-throated bee-eaters and herons. See if you can spot them! For an exciting finish to your day out, head for Singapore's only treetop obstacle course, Forest Adventure, located within the reservoir.

Download a DIY trail guide from www.nparks.gov.sg/gardens-parks-and-nature/walks-and-tours/going-on-a-diy-walk



Bedok Reservoir

4 The Public Art Trail

Art stimulates a child's imagination and creativity, and public art in particular, encourages interaction, like the giant toy kit installation outside Raffles Place MRT. The artwork even leaves a blank spot for your child to step on and pose for a picture. Continue your stroll along the Singapore River towards the Asian Civilisations Museum, and spot iconic sculptures, such as the one with five boys jumping into the river, called 'First Generation'.

Plan your itinerary with the help of www.publicarttrust.sg/Public-Art



5 The Food Heritage Trail

There's plenty to savour and discover thanks to our eclectic food culture. Broaden your child's palate by encouraging him to try different cuisines. Sample nasi padang and make a stop at the Malay Heritage Centre; or stroll down Joo Chiat and Katong, and admire the Peranakan shophouses, some of which have been converted to eateries serving nyonya fare. There are also different regional Indian cuisines to choose from in Little India.

See www.visitsingapore.com for foodie recommendations in different parts of Singapore. When planning for this trail on a group basis, do bear in mind food allergies and food restrictions of participants, if any. ♥



'First Generation' sculpture along Singapore River

HOW TO GET MORE OUT OF YOUR WALK

- Plan the trail with your child. Give suggestions, but let him have a say in what he wants to see or do.
- Do a scavenger hunt list and ask him to spot as many as he can.
- Ask him to identify colours or shapes, or describe the textures and flavours that he encounters on the walks.
- Take photographs of things that capture his interest on your walk. Work together on a scrapbook and continue the conversation.

