

## TREK THIS OUT!

EMBARK ON FIVE KID-FRIENDLY WALKS AND DISCOVER THE DIFFERENT SIDES THAT MAKE OUR LITTLE RED DOT SPECIAL.



1 The Back To School Trail

Prepare your child for primary school by checking out some of Singapore's oldest school buildings, while at the same time, sharing your fond school memories with him. Many of these former school buildings are clustered in the Civic District, so it's possible to cover a few stops on your walk. Did you know that Tao Nan School used to be housed in the Peranakan Museum at Armenian Street? Or that the former CHIJ (Town Convent) and St Nicholas Girls' School occupied the present-day CHIJMES on Victoria Street?

Get the trail guide from roots.sg/visit/ trails/heritage-schools-trail



The Singapore River Trail
Introduce your child to the activities
and communities that flourished along
the waterway. Begin your trek from
Cavenagh Bridge, the oldest surviving
bridge spanning the Singapore River,
built in 1869. Nearby, you'll find busts of
notable foreign leaders and personalities
who have close links to Singapore. Other
points of interest include Masjid Moulana,
Singapore's only underground mosque and
the former Thong Chai Medical Institution.

Plan your route with roots.sg/visit/trails/ singapore-river-walk

## The Go Green Trail

Inspire a love for nature and its wonders on this trek through Bedok Reservoir. With bird- and butterfly-attracting plants and shrubs, the water catchment area is home to kingfishers, blue-throated bee-eaters and herons. See if you can spot them! For an exciting finish to your day out, head for Singapore's only treetop obstacle course, Forest Adventure, located within the reservoir.

Download a DIY trail guide from www.nparks.gov.sg/gardens-parksand-nature/walks-and-tours/goingon-a-diy-walk



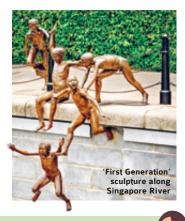
The Public Art Trail
Art stimulates a child's
imagination and creativity, and
public art in particular, encourages
interaction, like the giant toy kit
installation outside Raffles Place MRT.
The artwork even leaves a blank spot
for your child to step on and pose for
a picture. Continue your stroll along
the Singapore River towards the Asian
Civilisations Museum, and spot iconic
sculptures, such as the one with five
boys jumping into the river, called
'First Generation'.

Plan your itinerary with the help of www.publicarttrust.sg/Public-Art



The Food Heritage Trail
There's plenty to savour and
discover thanks to our eclectic
food culture. Broaden your child's
palate by encouraging him to try
different cuisines. Sample nasi
padang and make a stop at the
Malay Heritage Centre; or stroll
down Joo Chiat and Katong,
and admire the Peranakan
shophouses, some of which have
been converted to eateries serving
nyonya fare. There are also
different regional Indian cuisines
to choose from in Little India.

See www.visitsingapore.com for foodie recommendations in different parts of Singapore. When planning for this trail on a group basis, do bear in mind food allergies and food restrictions of participants, if any.



## HOW TO GET MORE OUT OF YOUR WALK

- Plan the trail with your child. Give suggestions, but let him have a say in what he wants to see or do.
- Do a scavenger hunt list and ask him to spot as many as he can.
- Ask him to identify colours or shapes, or describe the textures and flavours that he encounters on the walks.
- Take photographs of things that capture his interest on your walk. Work together on a scrapbook and continue the conversation.