

WE'VE GOT MAIL! 😊

PARENTS SHARE THEIR STRATEGIES FOR STRENGTHENING THEIR CHILD'S PHYSICAL, COGNITIVE, SOCIAL AND EMOTIONAL DEVELOPMENT.



My husband and I bring our daughter outdoors every weekend. We plan a variety of activities — kite flying, sand playing at the beach, tandem cycling, or just taking mini walks around our neighbourhood. From these experiences, she learns how to interact with other toddlers. She waits her turn at the playground, saying “thank you” or “sorry” and shares toys during playdates. We have also noticed that she is more curious and observant on our walks. Exposing children to the outdoors and a range of experiences can richly benefit their holistic development, especially in terms of soft skills and values.

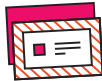
Adilah Mohd, mother of a daughter, aged 2



Learning social cues and honing observational skills through outdoor play



Sensory play helps to enhance baby's motor skills and brain development



Nurturing my child since young is important to lay the foundation for a disciplined and sociable person in future. I try and provide different sensory play experiences for her to explore and have fun. I know that these will develop her motor skills and also her thinking. She has opportunities to interact with materials such as blocks, books and music instruments and mixes with other playmates from different backgrounds. These opportunities will gradually help develop her language, communication and social skills.

Ling Wei, mother of a daughter, aged 9 months



My two girls love to do art. I always make it a point to discuss their art pieces with them. They will talk about it and explain what it means for them. I find the time spent meaningful as I get invaluable insights into the girls' thinking and their language abilities through their verbal explanations. I believe that art helps develop them emotionally, builds their self-confidence and strengthens their language skills. The picture (on the left) is Ashlyn's depiction of our home, with the different colour segments representing the bedrooms, living room and kitchen.

Gan Hui Ching, mother of two daughters, aged 5 and 3

GIVE THEM A HAND

We showed you how to make hand puppets to tell stories in the Jul-Sep 2018 issue. Take a look at what these little artists have crafted!

Anuradha Karthik, 3

Jolene Bong, 5

Tew Heng Wei, 2

See Khai Keat, 3

Arissa Tihani Binti Shah Indra, 3



Expressing themselves through doodles and drawings

Photos courtesy of Adilah Mohd, Ling Wei and Gan Hui Ching



ENRICHING SPACES FOR CHILDREN

Parents, share with us how you have used spaces in your home or in your neighbourhood to support your children's learning and development. Attach a photo with your anecdote and your submission may appear in the next issue of *Beanstalk!*



Send your story to beanstalk@mediacorp.com.sg with your name and contact details.

We have three \$30 NTUC FairPrice vouchers to give away, and you may be one of the winners.