STAYING WELL **DURING TRANSITIONS**



s we move into the new year, let's acknowledge and affirm the progress and achievements we have made in the past year.

I applaud the tremendous efforts of our educators and parents who have been working closely together to safeguard the safety and well-being of our children amid COVID-19. It is also important that all of us, as our children's teachers and carers, maintain a sense of well-being.

It is therefore timely for this issue to usher in the new year with a focus on our well-being amidst transitions. By reflecting on how we have coped with and adapted to the multitude of changes during COVID-19, it will help us cultivate empathy and provide a more caring and supportive environment for our children to thrive and grow.

In late 2021, we held three virtual events to celebrate

aspirations, achievements and professionalism in the early childhood (EC) sector. Some 370 EC students and educators were recognised at the ECDA Scholarships and Training **Awards Presentation Ceremony** on 28 October. We wish the recipients every success in their studies and will continue to support them in their EC journey. Our heartiest congratulations also go to the 115 preschools that received SPARK certification at the SPARK Certificate Presentation Ceremony on 10 November. With close to 1,000 SPARK-certified preschools, this shows the sector's strong commitment to raising and sustaining quality. Finally, 23 practitioners and centres were honoured at the ECDA Awards Ceremony on 27 November. We believe the award winners will help inspire others in the EC fraternity to pursue quality and professional excellence.

On this note, we wish everyone a happy and safe 2022. Be kind to yourself and look out for one another. Let's view changes and transitions in our daily lives positively and embrace these as opportunities for personal growth. As behavioural scientist Steve Maraboli puts it, "Happiness is not the absence of problems; it's the ability to deal with them."



MR TAN CHEE WEE Chief Executive Officer Early Childhood Development Agency (ECDA)













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Beanstalk is a quarterly publication by the **Early Childhood Development Agency** and is published by Mediacorp Pte Ltd

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Printed by KHI Printing Co Pte I td.

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ON THE COVER Photos and illustrations

Shutterstock.com and Gettvlmages.com



Beanstalk clinched the APEX 2021 Award of Excellence in the One-of-a-Kind Publications (Education

Some photos in this issue were taken before the Circuit Breaker period, and feature children/adults without masks on.