DO THE RIGHT THING



eveloping positive behaviours in young children impacts their holistic development. Studies show that when adults adopt positive discipline strategies, such as responding calmly to challenging behaviours, explaining boundaries, and affirming positive behaviours, children benefit socially and emotionally. They learn what acceptable and unacceptable behaviours are, as well as the consequences of their actions on others. They also learn to regulate their emotions and feelings, develop positive interpersonal skills, and engage in pro-social behaviours. By modifying pedagogical practices to engage children at both cognitive and emotional levels, our educators can increase children's engagement, attentiveness and motivation to learn. This Beanstalk issue sheds light on how parents and educators can develop positive behaviours in children.

On a related note, families with additional needs can look forward to more help. At this year's Committee of Supply debate, Mr Masagos Zulkifli, Minister for Social and Family Development, announced measures to better support children from lower-

income families and children with developmental needs. First. we will scale up KidSTART nation-wide and expect to enrol 80 per cent of children from eligible families by 2026. We will also work closely with anchor operators to prioritise preschool enrolment for these children. Second, children below seven years old with developmental needs can receive more timely and affordable support. Over the next two years, 1,400 new places will be added in new centres offering the Early Intervention Programme for Infants and Children (EIPIC) as well as through the Enhanced Pilot for Private Intervention Providers (PPIP). The PPIP scheme will also be made more affordable.

Even as the Government commits to providing every child access to affordable and quality early childhood services and programmes, it is our educators and parents who have the most profound influence on the child's holistic development. As we nurture positive behaviours, we also shape their sense of self, beliefs and confidence. Dr Dan Siegel, author of *The* Whole-Brain Child, reminds us: "Too often we forget that discipline really means to teach, not to punish." Let's work together to adopt positive discipline strategies to raise happy and healthy children.



MR TAN CHEE WEE
Chief Executive Officer
Early Childhood Development Agency (ECDA)

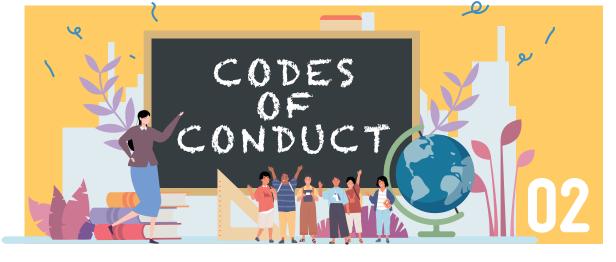












CONTENTS

FOCUS

02 Codes Of Conduct

How healthy behaviour supports children's learning, development and well-being

MY TEACHER, MY SCHOOL

07 Relationship Matters

An early interventionist's approach to tailoring activities to children's needs

08 Personalising Connections

How this award-winning principal creates a supportive preschool environment for all

09 In A Good Space

The impact of learning environments and teaching aids on children's behaviour



Beanstalk clinched the APEX 2022 Award of Excellence in the Print Media (Education & Training) category!

EC LANDSCAPE

10 Uplifting Families And Giving Every Child A Good Start

Enhanced support for lower-income families and children with developmental needs

12 Charting The Future

Benefits of peer learning through the Early Childhood Learning Communities

INNOVATION & RESEARCH

14 In RAP-tures

Making learning more relevant, appealing and personal for children

15 Let's Talk About Feelings

Colour psychology can help children express and manage their emotions

ASK THE EXPERTS

16 Q&A

How to regulate children's behaviours at home and in preschool



THRIVE

18 Let's Get Wild!

Encourage children to respect and care for the animals around them

21 Say Yes To Sayur

Celebrate Hari Raya Puasa with this vegetable curry dish

22 Flower Power

Make paper roses for Mummy and Daddy

0,0

WELLNESS

23 5 Healthy Habits To Nurture In Children

Tips for strengthening physical and emotional well-being

MAILBAG

24 We've Got Mail!

Parents share strategies for developing positive behaviours in their children

FUNTIMES

25 Work It Out

Spin for a solution





EDITORIAL PANEL Angela Anthony Jennifer Law

Beanstalk is a quarterly publication by the Early Childhood Development Agency and is published by Mediacorp Pte Ltd. Copyright is held by the publishers. All rights reserved. Reproduction in

whole or in part is prohibited.

Printed by KHL Printing Co Pte Ltd.

EDITORIAL CONSULTANT



Mediacorp Pte Ltd

Senior Editor Ronald Rajan Editor Wanda Tan Contributing Editor Joyce Lim Senior Art Director Don Lee Art Director Samuel Ng Associate Art Director Rachel Lim Assistant Lead, Business Developme Michele Kho

Contributors Pamela Quek, Chia Ee Khim, Pooja Thakur, Cara Yap, Elisabeth Lee, Rafidah Razak



ON THE COVER

From left Fathiyyah Azzahra' Muhammad Azaad, Immanuel Wee, Faith Teo, Wilfred Teo, Ammar Basri Amarzaki, Juliana Geetha, Joshua Wee, Naomi Ang

Art Direction Rachel Lim Photography Kelvin Chia Styling Sharon Tan Grooming Manisa Tan

FRONT COVER On Ammar: Outfit Gingersnaps, Shoes Model's own. On Juliana: Outfit Model's own. On Joshua: Outfit Gingersnaps, Shoes Model's own. On Naomi: Outfit Gingersnaps. BACK COVER On Fathiyyah: Outfit Gingersnaps, Shoes Model's own. On Immanuel: Outfit Gingersnaps, Shoes Model's own. On Faith: Outfit Gingersnaps. On Wilfred: Outfit Model's own.