



FOLLOW YOUR SENSES

Nature is full of surprises! Take a walk outside and record the things you see, hear, smell and touch.



FIND SOMETHING...

smooth

rough

that smells good

that makes a noise

red

yellow

that moves

tall

round



→ Hey Parents!

Outdoor play is essential for children's holistic development and well-being. This activity provides playful sensorial experiences for children to explore and discover the world around them. It also lets them practise their observation and documentation skills, as well as acquire language and literacy. To expand children's vocabulary, parents can describe objects in nature, such as a "rough" tree bark or the "chirping" sound of a bird.

