



PCF Sparkletots Preschool @ Punggol West Blk 308B

Donation Drive for Salvation Army



They sing with actions for all the elderly and volunteers



Our loving angels presented their hand-made flowers to the elderly.



The elderly were touched by our little angels

For our Kindness Project, the children did a GEMS (Go the Extra Mile Service) by raising funds for the needy. The children also put up a performance.

The theme 'Kindness' was conducted in the centre to instill values of Appreciation, Courtesy, Helpfulness and Graciousness.

The home-school collaboration brought families together to collect useful items to give to the needy.



Children packed items for the elderly



PCF Sparkletots Preschool @ Queenstown Blk 145

Embracing Lives Begins with you and Me



Children making Cake In A Jar



Parent volunteers and their children having lunch together with the cleaners

Children ranging from 19mths to 6yrs from PCF Sparkletots @ Queenstown Blk 145 came together to make Cake In A Jar for Sunlove Home, one of the beneficiaries for President's Challenge 2016.

Lunch was also served to the cleaners who helped keep our neighbourhood clean by parent volunteers, children and staff of PCF Sparkletots @ Queenstown Blk 145. Each cleaner was also given a Cake In A Jar and a Thank You card made by the children.

A total of \$700 was collected from the sales of Cake In A Jar.



Children presenting the cleaners with Cake In A Jar and a Thank You card

PCF Sparkletots Preschool @ Queenstown Blk 3 (KN)

Making a Difference in the Lives of our Seniors



Wishing the senior citizens "Happy Mother's Day"!



Children performing joyfully for the senior citizens...



The children participated in the "Start Small Dream Big" project which encouraged them to contribute to the community and put their thoughts into action. As part of this project, the teachers guided the children to make cookies and also taught them the songs and the dance steps for Mother's Day celebrations - "Our Tribute to Mummies with Love." The celebrations were held on 6 May 2016. The children performed for the seniors at the Thong Kheng Senior Activity Centre. They also distributed the cookies together with paper flowers to the senior citizens and wished them "Happy Mother's Day".



Making cookies for the senior citizens.

PCF Sparkletots Preschool @ Queenstown Blk 46 (CC)

Celebrating Dumpling Festival with the Elderly



Bringing joy, smiles, warmth, laughter, fun ... and Love!



Let's exercise together!



Packs of dumplings and teabags were given out with love.

A Mid-Year Engagement Programme for Caring and Sharing



As part of the Centre's collaboration with ComChest, the children visited AWWA Senior Activity Centre at Blk 123 Ang Mo Kio Ave 6. The objective was to foster a strong sense of empathy and care in our children.

The children presented short performances and engaged the senior citizens in simple group exercises. They also interacted with the old folks. They served snacks and distributed gift packs to show appreciation and love.



Performing 'Subli Folk Dance' and Musical 'Kungfu Rabbits'.



PCF Sparkletots Preschool @ Queenstown Blk 53A

Big Earth Little Me



Our project's icon was designed and illustrated by Shannon Loh (K2 Creative)



Children saving items that can be recycled in their classrooms



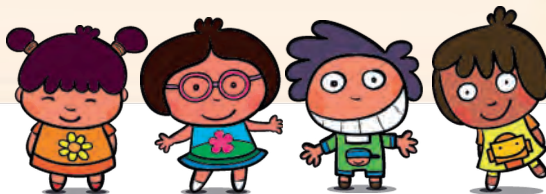
Our children doing their part in keeping the area around the kindergarten clean.

For the past four months, our children were involved in activities that made them realise that Planet Earth is for all and together we can protect it and take care of it. We sparked children's interest in caring for and protecting our environment by cleaning up the neighborhood. The children also had their own recycling boxes around the school to collect materials to be reused in their daily activities.

This journey would not end here. In the upcoming months, the children would be reaching out to the public in creative ways, urging them to do their part in healing the world and creating a better world for future generations.



Children using recycled materials during their daily activities.



PCF Sparkletots Preschool @ Radin Mas Blk 108

Little Ones with a Big Heart



Our parent volunteered to teach the children to bake the Kindness Cupcakes



Presenting our gift at AWWA Dementia Day Care Centre.



It's our Neighborhood Day! Time to give to the elders our Kindness Cupcakes :)



We can all make a difference. Showing Kindness and Appreciation doesn't come from a specific age. But it comes from a person who is ready to give Love. Our parents volunteered to help us make our Kindness Cupcakes to give to the elderly people in our neighborhood. Our small way to say 'Thank you' for their contribution in Singapore's success. A visit to Elderly Day Care is an experience we will always remember. We believe that true heroes are born not with super powers but born with love and compassion for others. We are all capable to share when we start to care, "Kindness starts with One"!



Students are ready to show Kindness and Appreciation to everyone.



PCF Sparkletots Preschool @ Sembawang Blk 786B

A New Beginning



A group of our participating children

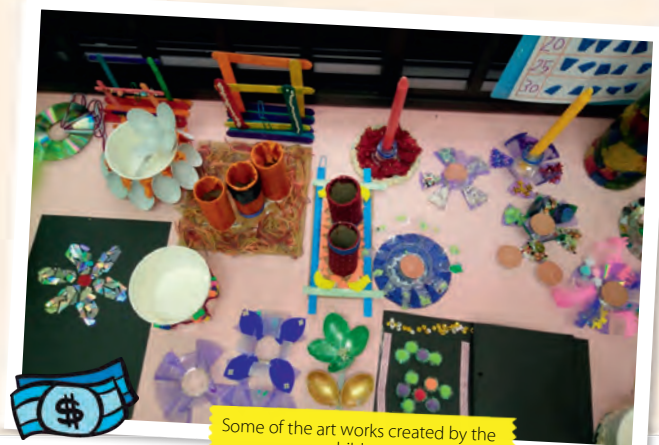


These few children decided to create photo frames



Creating vases with empty drink bottles

Our children were empowered to plan and design their own art work from reusable materials brought from home. They played an active role in deciding what they would want to do. The teachers assisted by showing them pictures/videos of things that could be created using the reusable materials. The children then made their plans and sourced for the necessary items. In October, parents would be invited to the fund raising event to view children's work and purchase their art pieces for charity.



Some of the art works created by the children

PCF Sparkletots Preschool @ Sengkang Central Blk 208 (CC)

Kindness Beyond Ourselves



Children and teachers at PCF Sparkle Care @ Changi Simei



K2 children taking care of their own plants



K2 children performing a song item for the seniors

Our teachers planned a visit to PCF Sparkle Care @ Changi Simei to nurture compassion in our children. Prior to the visit, our children grew and harvested vegetables as their gifts to the elderly. Parents also donated food to our centre.

Our children visited the elderly care on National Day. They performed three song items and engaged the elderly in a session of flower arrangement. They presented each elderly with a pot of vegetables and a bag of food.

Through these, our children learnt that there is no greater joy than giving back to the community.



Flower arrangement activity



PCF Sparkletots Preschool @ Sengkang Central Blk 231 (KN)

"Keep our Environment Clean" @ Punggol Park



Our children and their parents are ready for the activity.



Parents and children displayed wonderful teamwork!



Together, we had an enjoyable picnic after the cleaning project!



The objective of this project is to encourage children to take ownership of their own environment and be responsible in keeping it clean and beautiful. Through this activity, we hope that our children will empathize with cleaners and develop appreciation for the hard work that they do. In this project, we involved parents, as we believe education is about nurturing the whole child. Adults are significant role-model in the children's life. We need to help children to form a positive attitude towards people, work and the environment.



We are working hard to keep our park clean!





PCF Sparkletots Preschool @ Sengkang Central Blk 270



Sharing and Giving with Love



A group photo with the elderly



An elderly lady received a self-watering plant and a paper flower from a student

The children were excited and glad to meet the elderly. They learn that to give and to share is a great way to show their love for the community.

The K1 and K2 children visited the elderly at Pacific Healthcare Activity Centre @ Blk 279A Sengkang East Avenue. They put up dance and song performances and they made paper flowers and cards for the elderly. The children also gave self-watering plants, which they had made in school using recycled plastic bottles, to show their act of love and kindness. The elderly were delighted to spend a wonderful and meaningful moment with the children.



The children put up a dance performance for the elderly



PCF Sparkletots Preschool @ Sengkang Central Blk 292B

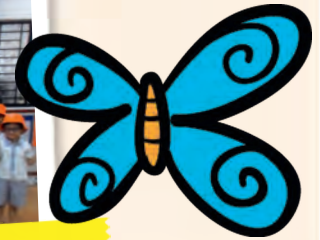
Start Small Dream Big - Appreciating our Pioneers



Sharings from the grandparents



Donation Drive



Grandparents joined us in the visit to the Home

Our school believes that children are never too young to contribute to the community. Thus, our Nursery children were involved in this project.

One of our pre-activities was to invite grandparents for a Show-and-Tell Session in class. They shared about different activities that they do with their grandchildren at home.

We also organised a Donation Drive to raise funds for the Bright Hill Evergreen Home.



Children serving snacks and drinks to the elderly





PCF Sparkletots Preschool @ Sengkang South Blk 443 (KN)

Showing Love to the Elderly



Children, parent volunteers and staff taking a commemoration photo.



Children performing the five songs they prepared for the elderly.



Children learning the craft to be done with the elderly.

Children prepared some simple craft activities and a few dance items for the elderly. They also made cards and packed goodie bags for the elderly.



The children came together and put up a performance to entertain the elderly. Cards were made and goodie bags were packed by the children for the elderly. All these goodies were generously contributed by parents.

The children also served food to the elderly and interacted with them. It was all fun and laughter as both children and elderly shared snacks, bond through crafts, and had a game of BINGO.

This meaningful event created happy memories for all and would not be possible without the support of parent volunteers.



The children and elderly interacting with each other.



PCF Sparkletots Preschool @ Serangoon Blk 141

Creativity for Charity



Children focused on the task of decorating the vases with mosaic tiles



Working with each other to create the batik designs

To incorporate the centre's value of Creativity into this project, the teachers and children of PCF Sparkletots Preschool @ Serangoon Blk 141 created artworks and handicrafts to be sold in a mini charity fair. Parents and the public would be invited to the fair in November. All proceeds raised would be given to charity.

Batik-designed coasters and mosaic-tiled vases were some of the handicrafts made by the children. Through this event, children learnt to develop patience and compassion by helping their fellow classmates. Most importantly, the children understand how they could play a part in helping others.

"Give your share to show you care"



This Is Our World



MP of Tampines GRC, Mr. Desmond Choo, learned more about our project.



Supportive and enthusiastic teachers

The World is Our Oyster, so we should take good care of it!



Children embarked on a project to learn about caring and sharing for our world. The children began the project with learning more about the people in our community and finding ways to share and care for our environment. Children learned that caring and sharing means also to look after animals and plants in our environment. Children then shared their knowledge and love of nature by giving out wheat grass planting kits to residents during a Community Centre Racial Harmony Event.



Learning about sharing and caring from volunteers at RC centre



Kindness is Everywhere



Child Vivek decorating the photo frame with Grandpa Sheth



Parents and children making DIY Bag with old T-Shirt



Child Angie decorating the dolly with Grandma Tan

As part of our virtue education in our centre, we extend the programme to our Start Small Dream Big Project of "Kindness Is Everywhere". In this project, we wanted to show kindness and appreciation to the elderly around us. So, during our Open House on 26 May 2016, we invited MP Mr Desmond Choo and all the parents and children to make DIY bags with recycled T-shirts as a 'love gift' for the elderly at Alzheimer Disease Association. On 25 July 2016 we visited the elderly, and had an enjoyable bonding session with them. We joined their daily morning workout and children paired with the elderly for craft making. The session ended with a good tea together. It was a very meaningful experience for everyone.



MP Mr Desmond Choo and Child Janelle finishing up the DIY Bag



PCF Sparkletots Preschool @ Tampines East Blk 262

Valuing our Senior Citizens



Children happily packing their goody bags.



Valuing our senior citizens - Kheng Chui Happy Lodge



Dancing and having fun with the senior citizens.

Sparkletots at Tampines East block 262 aimed to instill our core values in our young minds that we value and respect our senior citizens. This could be done through simple acts of kindness and care.

Before the visit, our children collected goodies from parents and packed them nicely for the senior citizens. At the senior citizens' home, our children sang songs and played games with them. They also presented their goodies. The old folks were very happy and they gave little gifts to the children. The day ended with memories of happiness for both our children and the senior citizens. They looked forward to meeting each other again.



Little helping hands make a difference.



PCF Sparkletots Preschool @ Tampines North Blk 443-444

Healthy Lifestyle



Charity Walkathon with Mr Baey Yam Keng, MP for Tampines GRC



Fruits Day - fruits are healthy snacks!



Exploring "My Healthy Plate"

Our school embarked on the project "Healthy Lifestyle". It is very important to adopt a healthy lifestyle as it benefits one's physical and mental health. Healthy Lifestyle comprises of healthy eating and routine exercising. Our school kick-started the project through sharing the story "A Healthy Body". "Fruits Day" and "My Healthy Plate" were introduced to encourage children in adopting healthy eating. Children participated in weekly "Gummy Bear Zumba Dance" and gym programme to help them build their physical health. A Charity Walkathon was organized whereby parents, children and teachers walked with Mr Baey Yam Keng, MP for Tampines GRC to raise funds for the Singapore Community Chest.



Weekly exercise "Gummy Bear Zumba Dance"

PCF Sparkletots Preschool @ Tampines North Blk 483 (KN)

We have a dream...



Moments of Tender Love & Care by presenting the donations from parents.



Appreciation lunch for the Tampines Town Council cleaners in the centre.



Love kneaded by little hands...

*"A simple act of
KINDNESS can make a
tremendous impact of
a person life!"
Anonymous*



TN483 continued our dream of fostering and nurturing the virtues of caring and sharing in our children. They visited All Saints Home and performed for the residents. Sundry items collected from parents were also given to them.

To heighten children's awareness of the importance of the roles of the cleaners, teachers and children also prepared a sumptuous lunch for the Tampines Town Council cleaners. This event was inspired by the 'No Cleaners Day' campaign by Mr. Baey Yam Keng MP for Tampines GRC.

It had been an enriching and meaningful journey for us. We look forward to making our dream BIG.



Performing to bring joy and laughter to the elderly in All Saints Home.



PCF Sparkletots Preschool @ Tampines West Blk 942



Tiny Hands, Great Heart



Children delivered the gift hampers (with a special gift card) to the needy families.



Dine @ A.R.T. is the BEST restaurant.

Dine @ A.R.T. restaurant was set up for fund raising. Children then used the proceeds to purchase the food items for the needy families.

The main objective of this project was to help the needy families and to share the joy in celebrating Hari Raya Puasa. A restaurant cum Art gallery (Dine @ A.R.T.) was set up for fund raising. During the planning phase, children brainstormed on the theme, menu, roles and duties for the restaurant. On the restaurant opening day, children played their roles as cashiers, ushers, waiters, chefs and Art gallery assistants serving customers (parents) who patronized the restaurant. With the earnings from the restaurant, children went to the supermarket to purchase food items. Then they packed the food items and created gift cards for the hampers. They delivered all these gift hampers to the needy families as listed by CDC.



Children playing their roles as cashiers, ushers, waiters and chefs.

Start Small Dream Big Project #1: Litter-Picking



All in a day's work!



Reflection: How did you feel? What would you like to see in the future?



Armed and ready to go on the mission!

For the week of 25th July, the whole centre went out on a mission to pick up litter in the neighbourhood. Teachers and children donned their orange SSDB bucket hats and armed themselves with tongs, trash bags (reused grocery bags), disposable gloves and a hope that there would be minimal litter. Walking along their scheduled routes, the children spied with their eagle-eyes, cigarette butts, tissue paper, empty potato chips packets, lollipop sticks, etc. Upon discovering a snail in the grass, the children realized that animals would be affected by our litter too. Back in school, the children reflected upon their experience. Their next course of action was decided - to spread the word to the residents about not littering.



Spreading the word - Please Do Not Litter.

PCF Sparkletots Preschool @ Telok Blangah Blk 44 (CC)

Spread the Kindness



The children were all ready for the 'Start Small, Dream Big' project!



They displayed courage and determination during the session.



Brayden was sharing acts of kindness with the uncle he met at the station.

"One smile, one hug, one act of kindness can make the world a difference to someone!"



PCF Sparkletots Preschool @ Telok Blangah Blk 44 (CC) is proud that our children were part of the 'Start Small, Dream Big' (SSDB) project. As part of the project and in conjunction with Singapore Kindness Day on 20 May 2016, the children reached out to the community by raising awareness about kindness. They wrote different acts of kindness on the Singa print-out cards and distributed them to the members of the public. During the session, they explained the significance of these cards and encouraged the people they met along the way to spread acts of kindness to more people too. It was a good platform for our children to share some kindness! Through this project, they learnt different values and virtues, such as empathy, courage and perseverance.



The children were distributing the Singa print-out cards in the neighbourhood.



PCF Sparkletots Preschool @ Toa Payoh Central Blk 146A (CC)

Sharing Love, Spreading Joy...



SPD Charity Hongbao 2016



Children as they embrace the SSDB spirit.



Children in Action: Preparing their masterpiece for fund-raising.

'Great satisfaction comes from sharing with others.'
We may start small; but we dream BIG!

The centre collaborated with SPD and Children's Cancer Foundation for this project as we aim to inculcate in the children the value of sharing and how it would spread joy to others. During Chinese New Year Celebrations, we conducted a charity drive. The funds raised by the children went towards SPD's Charity Hongbao 2016. We would be organizing a fund-raising carnival where proceeds would go to Children's Cancer Foundation. The children prepared a production to be performed for the people attending the carnival. Through these experiences, we hope that the children learn to appreciate and respect people with disabilities while spreading love and joy.



Children gearing up for the CCF fund-raising.



PCF Sparkletots Preschool @ Toa Payoh Central Blk 157

Kindness begets kindness



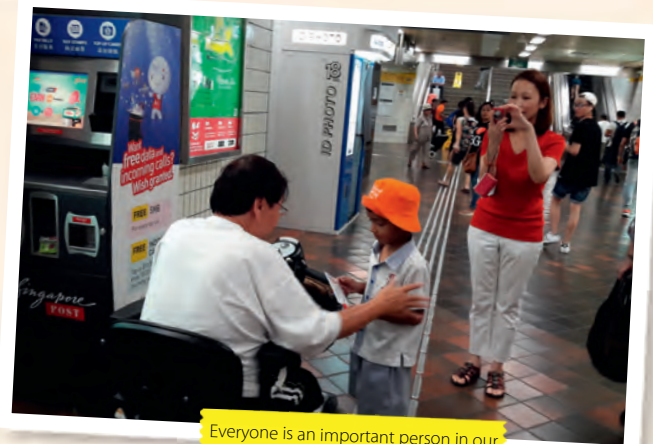
Small or big, kindness start from young!



Together we do our part to be a gracious society!

Children were able to achieve 3 core values
- (i) be kind to everyone
(ii) be kind to the nature and
(iii) being kind has no age limit.

Through this "Start Small, Dream Big" project, the children displayed their thoughtful gestures through little acts of kindness. Some 172 children spent 3 weeks to create bookmarks with quotes about kindness and distributed it to commuters at the Toa Payoh MRT station. While the K2 children distributed the book marks, the K1 children produced stationery holders made out of recycled materials and presented it to the nearby retailers such as NTUC FairPrice. The acts of kindness did not stop there. The N2 children also designed a Singa fan and distributed them to the community helpers such as the estate cleaners as well as the elderly and the disabled.



Everyone is an important person in our society!



PCF Sparkletots Preschool @ Toa Payoh Central Blk 97

Taking Care of Our Planet



Children were enthusiastic in spotting and collecting all sorts of litter



Children taking the green pledge and writing messages to Mother Earth



Children spreading the message of saving the Earth

The children learned about the importance of being responsible in taking care of our planet. They learnt the value of the 3R's, namely Reduce, Reuse and Recycle.

The K2 children were full of excitement as they embarked on their journey to clean their neighbourhood, by picking up litter in the area. They also walked around the neighbourhood to spread the message of saving the Earth to passers by in the area, by giving examples of how water and electricity could be conserved. They also enjoyed the nature walk, taking the green pledge and viewing items made out of recycled materials at the Keppel Hall.

The K1 children engaged in a "Happy Toilet" activity in school which made them understand appropriate toilet hygiene practices. They also visited the Kindness gallery where they learnt to be courteous and gracious citizens.



K1 children enjoying themselves at the Kindness Gallery

PCF Sparkletots Preschool @ Toa Payoh East - Novena Blk 232 (CC)

Animals are Family Too!



Guided tour around SOSD to learn more about what the shelter does.



Talk by SOSD volunteer on how to safely approach a stray animal.

"Through this project, my child was able to understand the importance of these animal shelters" ~ Parent



Cases of animal abuse and neglect are not seen in the news. By getting children to understand the importance and role of animal shelters, we hope to instill in them kindness towards stray animals. People have a misconception that strays are fierce and attack people. We hope that through this exposure, we will be able to change that mindset from a young age.

We would be organising a fundraising event where the children would create artworks that would be sold to raise funds for Save Our Street Dogs (SOSD). The funds raised would cover some cost of food and medical expenses for the shelter.

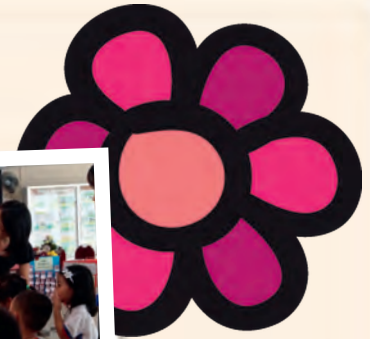


Cuddling with the furry little ones.



PCF Sparkletots Preschool @ Toa Payoh West – Balestier Blk 45

Kindness Begins with ME!



Children appreciate their parents and caregivers when doing chores at home.



In Remembrance of our Founding Prime Minister - Mr Lee Kuan Kew



Respecting one another regardless of race, language or religion.

It is always our mission to build strong partnerships with families and communities and to inculcate kindness in children.

Through "Start Small, Dream Big", our children learned about responsibility, empathy and compassion for others. It has also enabled our students to become more aware of being kind to others and to show gratitude.

Most importantly, they learned about diversity and the importance of understanding and appreciating other people's views, values, strengths and the challenges they face.



Visiting the elderly yearly to show our love and care for them.

PCF Sparkletots Preschool @ Ulu Pandan Blk 15

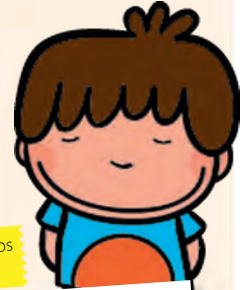
National Day cum Fundraising



Children had fun playing the game 'Pick A Ball'



Children had their National Day tattoos done



Parents buying the crafts done by our children

PCF Ulu Pandan (Blk 15 & 16) had their National Day celebration cum Fundraising event on 8 August 2016.

Prior to the event, a lot of preparation was done by the children and teachers. Children hand-made the crafts such as bracelets, necklaces and photo frames, using mostly recycled materials. Game booths were also set-up by the teachers. Prizes and goodie bags were given to children at the end of the event.

Mr Christopher De Souza, MP for Holland-Bukit Timah, graced the event. We would like to thank him for making time for our event.



Mr Christopher De Souza giving his thank you speech





PCF Sparkletots Preschool @ West Coast Blk 702

Promoting Kindness and Neighbourliness



Kindness Movement - Block Visiting to neighbours to spread kindness message

3 main events:
'The Kindness Movement - Block Visiting', 'Racial Harmony Day - Friendship Bands' and 'National Day Block Party'.



Racial Harmony - Distributing friendship bands to spread diversity



The Kindness Movement – Block Visiting was carried out to spread kindness through the distribution of tissue packets attached with cards of different kindness messages. Children and parents worked in small groups to visit the neighbours and they were encouraged to recycle the cards and redeem a gift. The distribution of Friendship Bands made by the children on Racial Harmony Day was to spread the awareness of diversity among neighbours and to live together harmoniously. The children distributed flyers to invite neighbours to the National Day Block Party where we set up booths to give out 'Kacang Puteh', played traditional games and did henna drawing. With the help of our Parent Support Group, the event was a success!



National Day Block Party - Distributing flyers to invite neighbours for celebration



Sharing is Caring



We are ready to show our Care and Love.



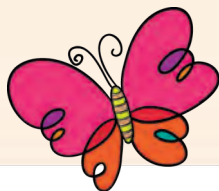
Children enjoyed making art and craft for SSDB project.



Children doing their best in singing and dancing for our beloved elderly.

Our main objective for this "Start Small, Dream Big" project was for the children to learn how to care and share, learn about responsibility, empathize with others and be more compassionate.

We hope that the children were engaged in the project through an interactive and meaningful way.



Happiness is real when we share. "Sharing is Caring!"

PCF Sparkletots Preschool @ Whampoa Blk 112

Let's Recycle!



Children making the spider mobiles using plastic bottles.



Planting helps to save our Mother Earth!



Placing a 'Rain Water Collection Tank' on the 'HDB' block.



The Recycling theme was incorporated into this "Start Small, Dream Big" fund raising project. It is a way to develop children's awareness about waste and develop an appreciation for preserving resources.

The recycling project provided the children and parents an authentic and meaningful platform to use their talents in creating functional items out of recyclable materials. These items were sold by our little entrepreneurs during a fund-raising event, as a way to give back to the community. Through the planting activity and project work on the recycling of water, children also learnt the importance of saving the environment by conserving natural resources.



Our little entrepreneurs busy selling their recycled products!



PCF Sparkletots Preschool @ Whampoa Blk 85

Share the Love, Spread the Joy



At the launch ceremony of the Start Small Dream Big 2016



Children brought in their food items for the Food Drive event.



Children created 'Thank You' cards to thank the donors.

"It's not about how much we give but how much love we put into giving"
- Mother Teresa

Our centre partnered with Food Bank Singapore to conduct a food drive donation. Children contributed food items for the less privileged. It was indeed heartwarming when we witnessed the whole school coming together as one. To ensure a continuous partnership with Food Bank Singapore, we volunteered to take part in the sorting of food item collected in their warehouse. Children created 'Thank You' cards to thank donors for their generosity. We would definitely continue to collaborate with Food Bank Singapore, to give back to the society in any little way we can!



Children and parents sorted the food donation at the Food Bank Singapore.