

Captain Green

The Sick Day



Written & Illustrated by
Rachel Huang and Muhd Farhan





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On a sunny island,
there lived
three cheerful children...

Arul,



Ben,



and Dina.

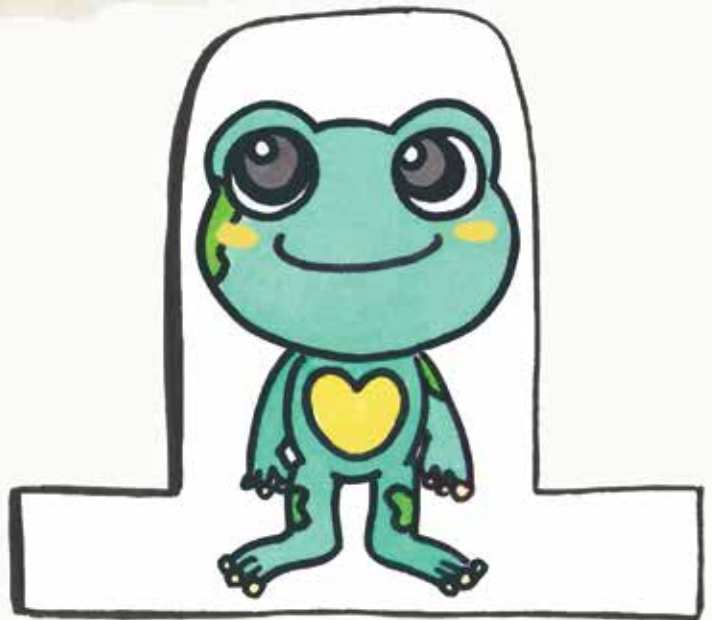




They had a special friend, Captain Green.

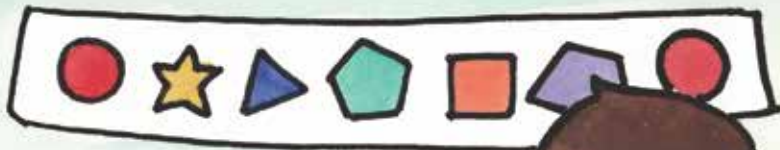
He brought them on many adventures.

On other days, he stayed as still as a finger puppet.



Ben was on his way to school. He couldn't wait to learn new things and play with his friends.





It was not a fun day because Arul had to sit far away from his friends in class.

"Poor Arul," Ben said. "He is too sick to play with us. What should we do?"

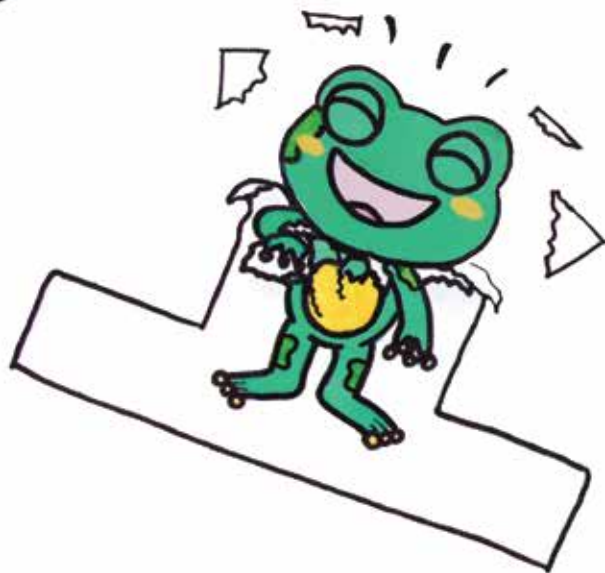
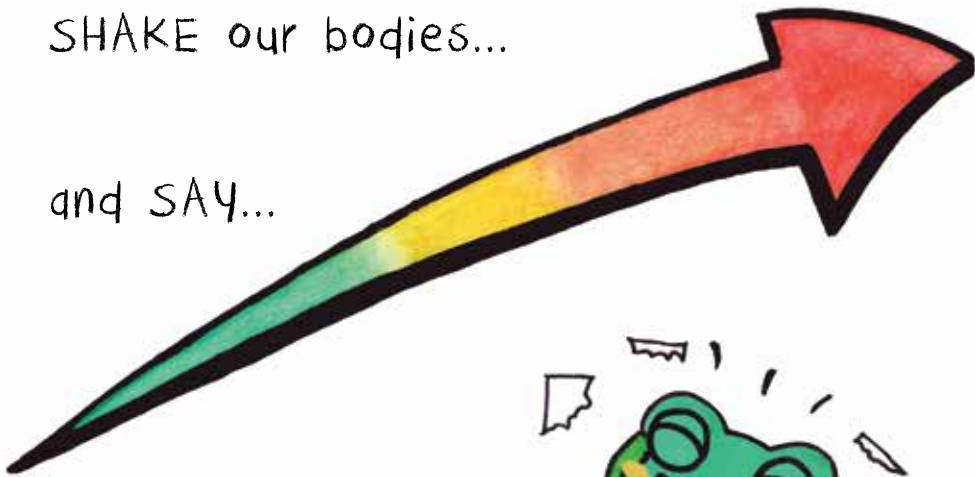


To call Captain Green, we will need to
CLAP three times (clap, clap, clap)

NOD two times (nod, nod)

SHAKE our bodies...

and SAY...



"KADA
HEE

KADA
HOO"



Captain Green, I'm so happy to see you! Something terrible has happened...



My
nose
is
RUNNY



and I have
ITCHY BUMPS
all over!

Captain Green took a look at Arul and shook his head.

I see. You have a
runny nose and mosquito bites!
You must have gotten it from
somewhere. Where have you
been the past few days?



Arul thought hard about where he went over the past few days. Was he...

...in the food court?



...or at the playground?



...at home?



"AH!" Arul shouted.

"I remember!"

Away they flew,

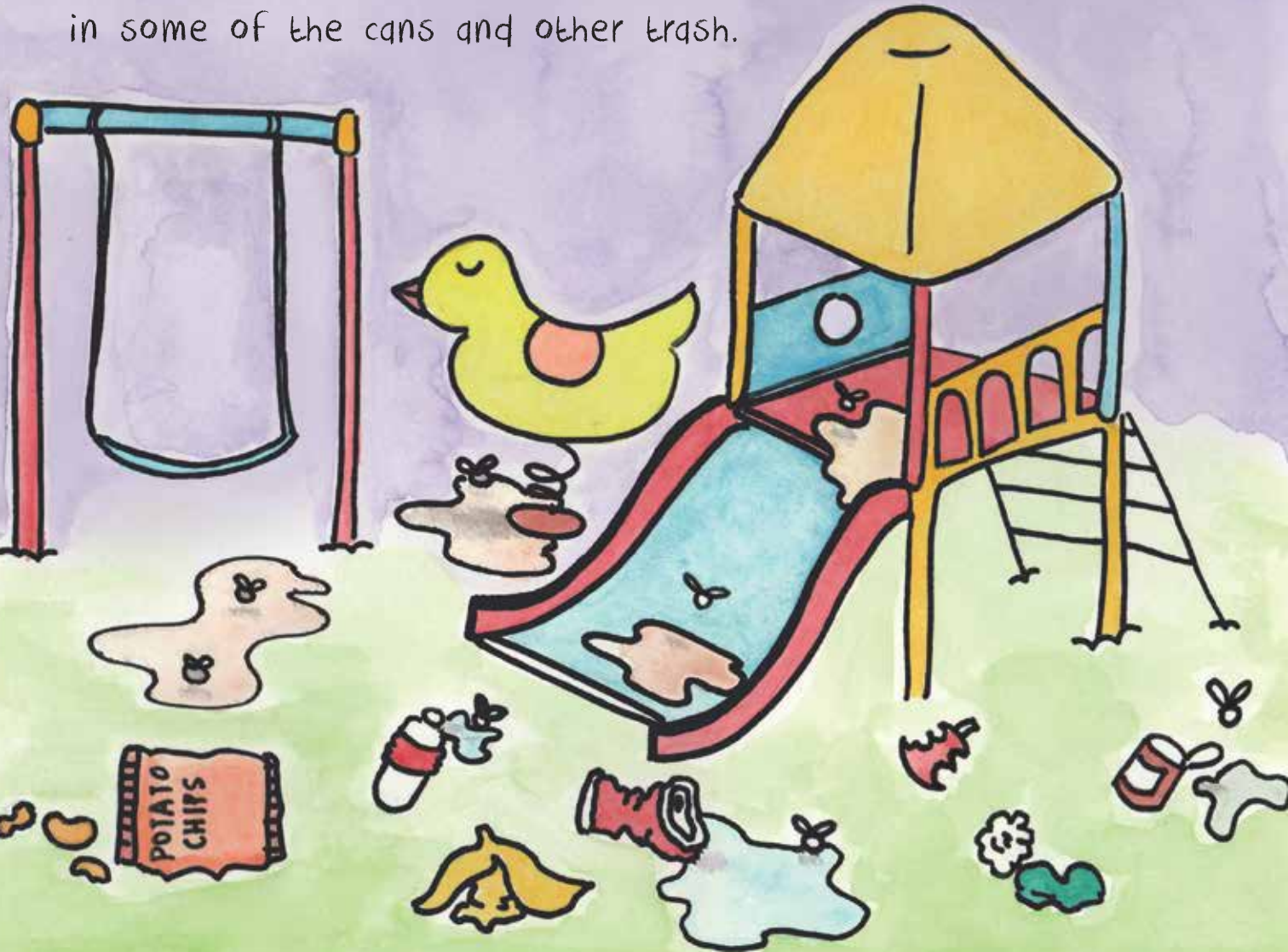
out of the school...





Finally, they reached the playground.

They found it full of litter. Rainwater had collected in some of the cans and other trash.



zzz... The noise grew louder. Ouch!
Something bit Arul and he felt itchy all over.

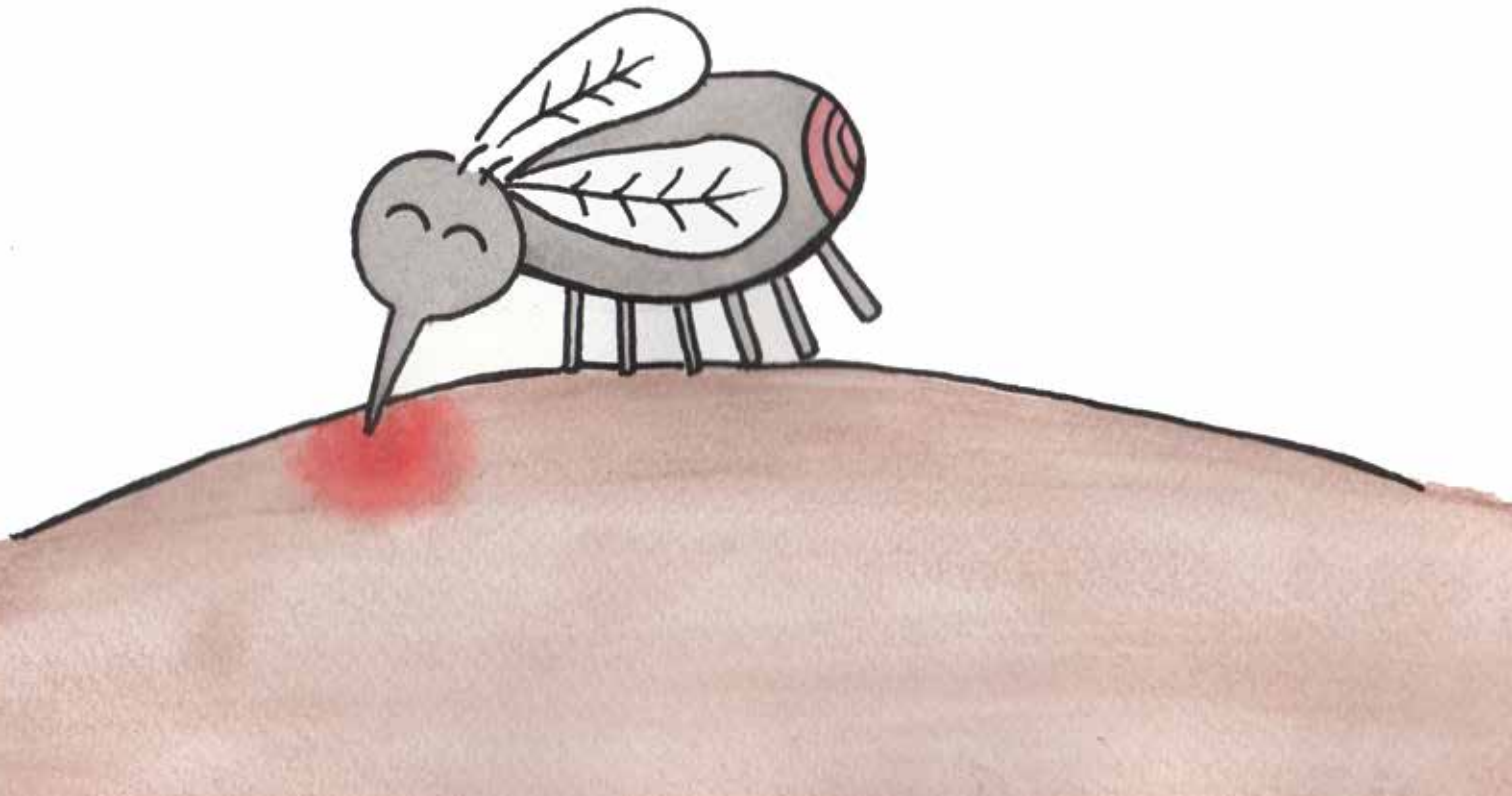


"This is a **mosquito**," Captain Green explained.

"When it is hungry, it may bite you!

The bite will feel itchy and swollen.

Do not scratch it or it may bleed, Arul!"



"Mosquitoes love water.

They sneak into places
with enough water to lay
their eggs and grow."



"To stop these mosquitos
from growing, we will need
to clean up all the water
on this playground!"
Captain Green said.

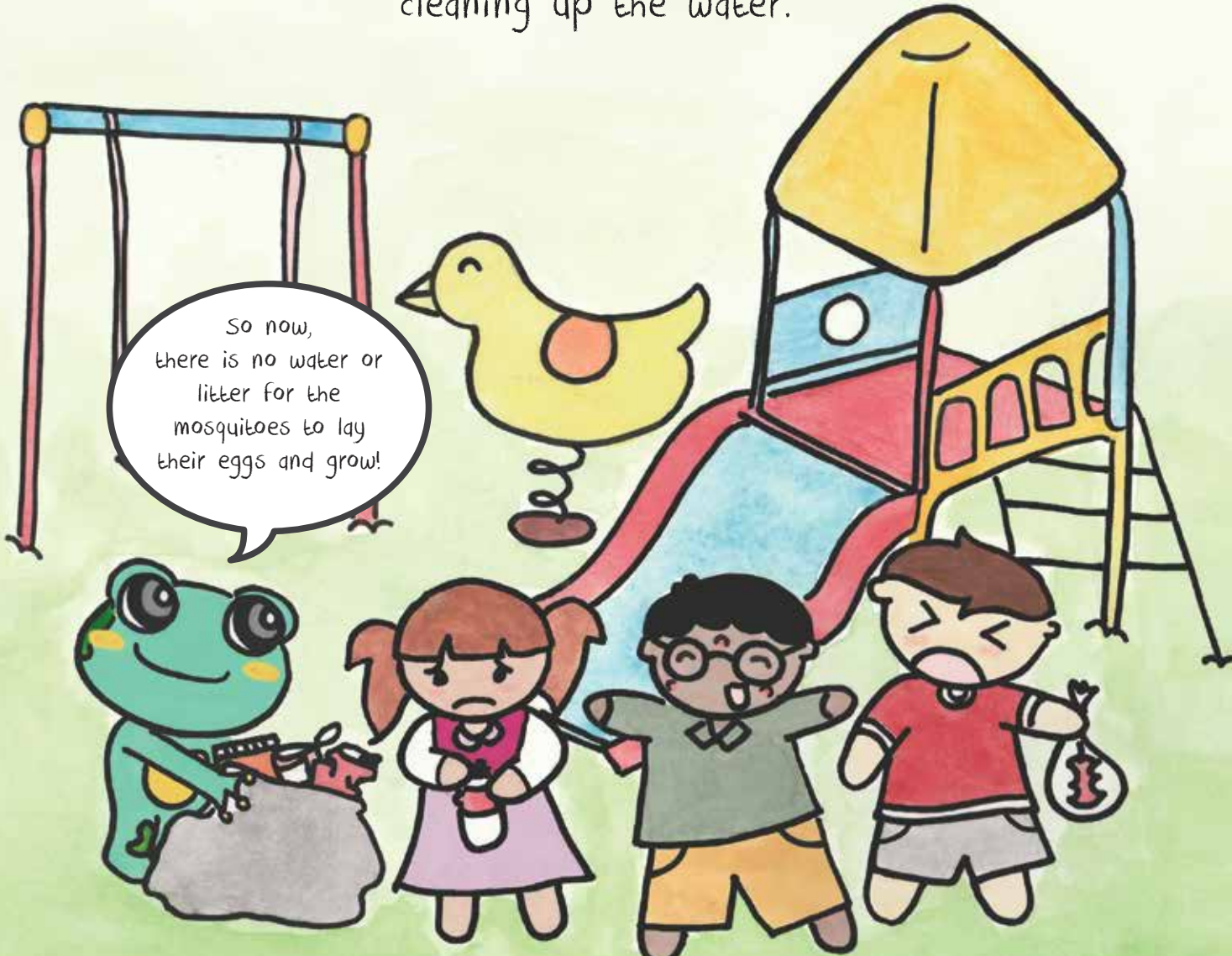


This called for Captain Green and his friends

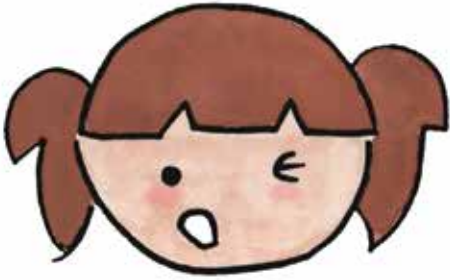


TO THE RESCUE!

off they went and they started picking up litter and cleaning up the water.



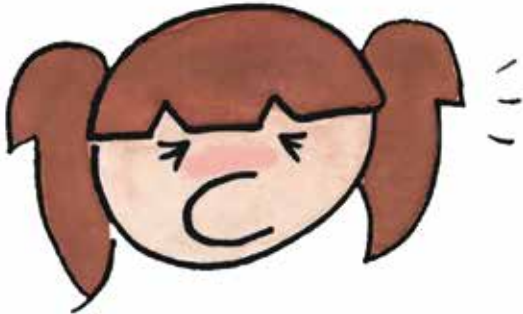
Suddenly, Dina felt her nose twitch. She tried to hold it in but it got worse and...



Ah...



AHH..



AHHHH...



CHOO!



Ew!

Watch out!

Dind's cough landed on Arul's face.
Then, Captain Green said,
"Arul, I know why you are having runny nose. Someone may have accidentally sneezed on you."



OH NOOOO!



"When you sneeze at Arul, you pass bad germs to him. Bad germs make him sick.

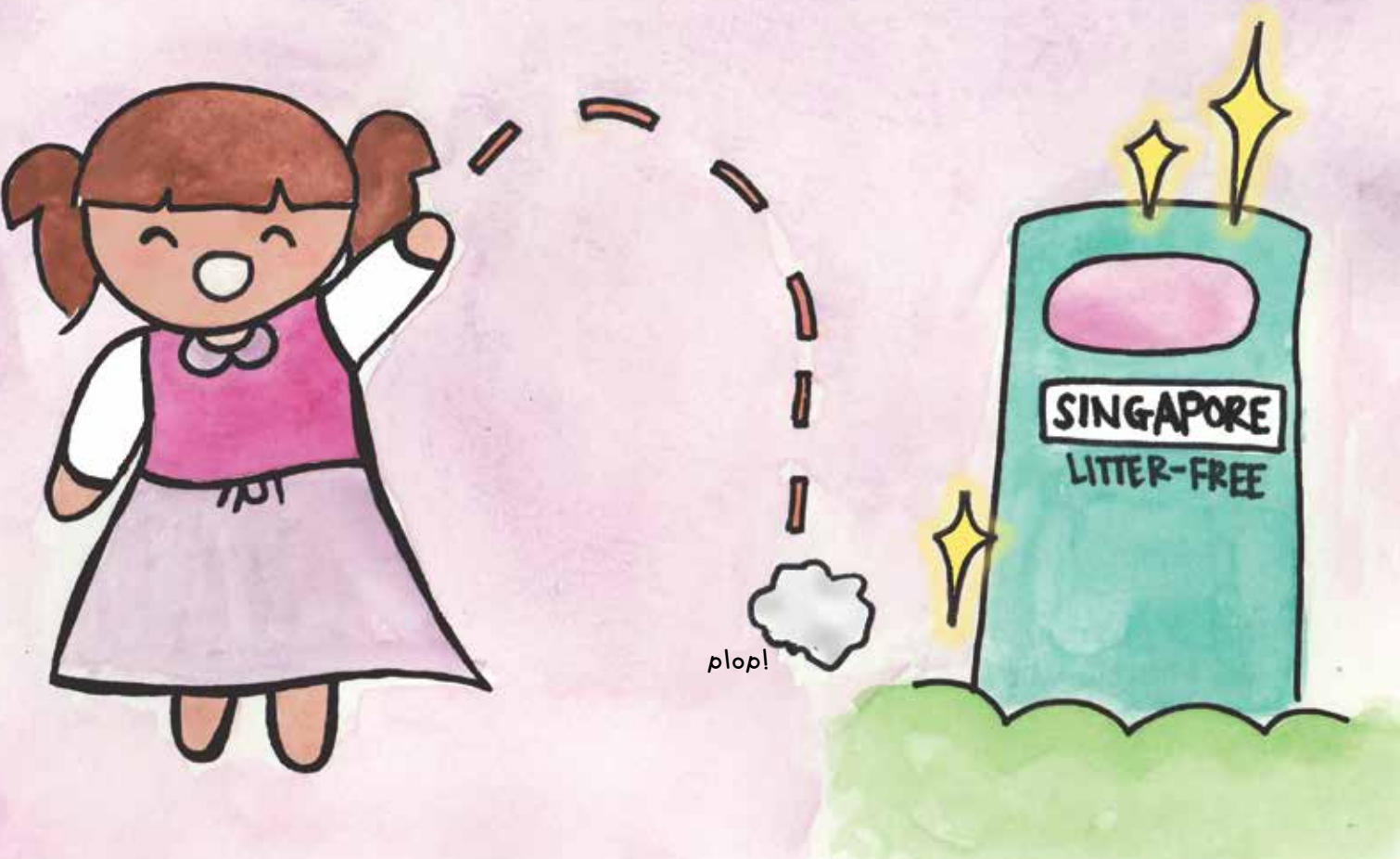
Next time when you sneeze, cover your mouth with a tissue so that you will not pass germs to others!"
Captain Green said to Dina.

Dina felt her nose
twitching again...



But this time,
she covered her
mouth with a tissue
before she sneezed!

After wiping her nose, Dina happily
threw the tissue and walked away.





DINA!!

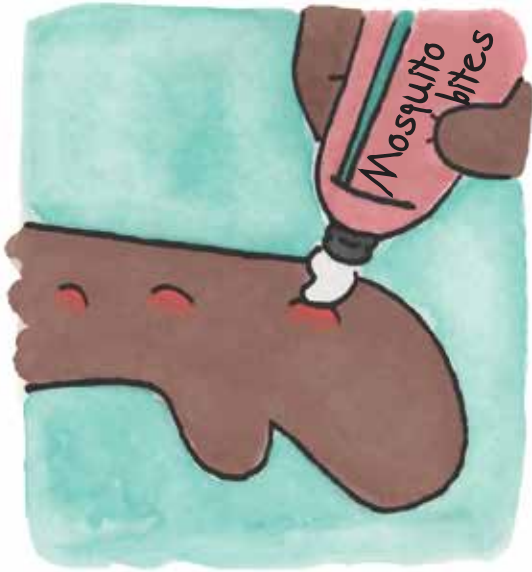
"You need to throw the
tissue into the bin!"



WHOOPSIE



SINGAPORE
LITTER-FREE



Then, Arul went home to rest.

He applied some ointments so that the bites would go away.

He also ate some medicine so that his runny nose would stop running.



WELCOME
BACK, ARUL!

Captain Green:
A sick day

Soon, Arul was well again.
He could finally come to school
and have fun with his friends.

Aa Bb Cc

YAY!



Captain Green goes home after a
job well done for tomorrow is a
start of a new adventure.





Arul feels sad because he cannot play with his friends in school. He has a runny nose and very itchy bumps. But.. he doesn't know how he got them!

Join Captain Green and his friends to find out why Arul is so sick so that he can play with Ben and Ding in school once again!

