

Play  
Time



# Ten to Twelve months



Your baby is almost one! Babies learn from playing because play is such an important and intrinsic part of development in the early years.

By providing positive learning experiences, you are encouraging your baby to develop his skills and interests.

Continue to spend time with your baby, learning and bonding with each other. Be generous with your smiles, hugs and encouragement.

Now, he is learning to stand and walk with you holding him! He enjoys feeling the ground under his feet and learning to balance. Hold his hand and be near so he can feel safe moving around and exploring. This is an exciting time for both you and your baby!

Keep practising with your baby because practise makes perfect! Before you realise it, he's going to be a toddler!

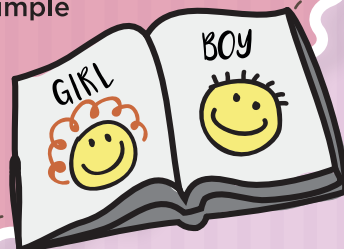
- I may stand without holding on to anything.
- I walk if you hold my hands; I may even walk a few steps on my own.
- I may use both my hands at the same time for different things.
- I try to feed myself using a spoon.
- I enjoy practicing my new skills.

How I Grow



- I understand simple sentences.
- I know that words can be used to name things.
- I use the same sounds and intonations that my parents use.
- I may start to say a word or two.
- I know and understand simple sentences and may even follow simple directions.

How I Communicate





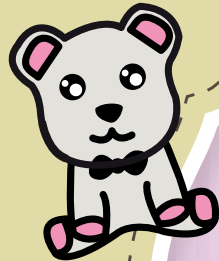
## How I Respond

- I am aware of how you feel by looking at you.
- I like to seek your approval but I may not always be cooperative.
- I am aware of other children's moods and may be affected by them.
- I can tell which toys belong to me and I have some favourites.



## How I Understand

- My memory is getting better.
- I know that if I do not see a toy that does not mean it is lost forever.
- I can imitate people I know who are not present.
- Repetition helps build my memory.
- I am learning about people and animals including what they do.
- I am interested to find out about cause and effect.



WOW!





- I am beginning to gain a sense of self.
- I take pleasure in receiving praises for my accomplishments.
- I like to shake my head to indicate “no” even when I mean to say “yes”.
- I may cry and make a fuss when I do not get my way.
- I may still be very shy in new situations and around people.

Good  
Effort!

## How I Grow



- Provide me with time and a safe place to practice my new skills like standing and walking.
- Give me soft toys that I can easily carry around and sturdy books that I can turn the pages.
- Help me feed myself successfully by giving me foods that stick to the spoon when scooped up or finger food. I may make a mess. Be patient with me.
- Give me old magazines to look at and tear.
- Bring me outdoors to crawl or walk on the grass and to play.

## How I Communicate

- Tell me what will happen next so I can develop my vocabulary and know what to expect.
- Share with me on what is happening through words and various tones of your voice.
- Verbalise my actions and feelings for me.
- Name the objects that I show interest in and point to.



Plant!

Plant!





## How I Respond

- When I do something that you disapprove of, say “no” firmly and give a reason. You may also try to direct my attention to something else.
- Take me to places where children play as I enjoy watching other babies and children.
- Have enough toys when I am playing around other children to minimise sharing conflicts.



## How I Understand

- Play hide-and-seek games with me as this will help me learn that things do not disappear just because they are not in sight.
- Play music that has a rhythm. I love to move my body to the music. Play different music – jazz, classical, folk and popular and children’s songs and dance with me.
- Make animal sounds when you share pictures of animals with me. I may try to copy these sounds.
- Offer me pop up toys, simple boxes that have doors to open and a few simple shapes to match, rattles to shake, balls to toss or a scarf to swing as they help me learn how things work.
- Allow me to do things over and over again. I get better with practice.





## How I Feel

- Recognise that I am learning to be assertive and that is part of my growing up.
- Build my confidence by showing delight and applauding all my efforts.
- Remain loving and calm when I fuss; you need not give in to my demands to keep me quiet. Check if I may be too tired, frustrated or surrounded by too many activities or people.
- Let me know when we are visiting friends or relatives. Tell me where you are taking me and who we will meet.

