



Can I Play Outside?

Twenty Five to Thirty months



Your child is beginning to be your little “helper” at home and loves it when you praise him. Your smiles and simple remarks such as “Good job!”, “Well done!” or “Thank you, darling!” make him feel good about himself. It will make him be a more cheerful and happier child! Worried about the Terrible Twos?

You have come a long way since your child’s birth and this moment is just another growing phase. Remember how he used to cry so much when he was smaller? Now, you may have to deal with his mood swings and tantrums. Sometimes, he may be obedient and willing to listen to you. Other times, he may just be stubborn and cheeky. This is not because he is defying you on purpose. It is simply that he is developing his character as a person.

He will also be more active at home and in the playground. He can now run, jump and climb. He would need you to watch out for him. Also, as you and your child begin toilet-training, be prepared for some “accidents”! You may also begin to have longer conversations with your child. He will love to listen to your answers to his questions or responses to his stories. You can share about your day (you at work and him at play!), the things you saw, the places you went or the food you ate. You can sing songs or say nursery rhymes together.

Your child’s “Terrible Twos” may just be a TERRIFIC Time!

How I Grow

- I can move around more freely in open spaces and the outdoors.
- I can balance on one foot.
- I can jump with both feet.
- I can climb furniture and low climbing structures at the playground.
- I can push and steer myself on tricycles.
- I am learning to identify my body's urges and easing them. I can go to the toilet myself.



How I Communicate

- I like learning new words and things.
- I like talking to you to tell you how I am feeling and what I am thinking.
- I can string simple sentences together.
- Some of my favourite and most used words may be "no", "me" and "mine".

I

want

to

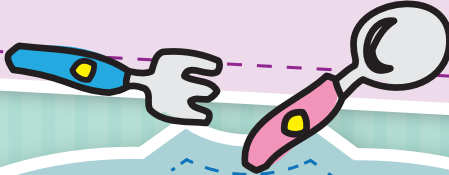
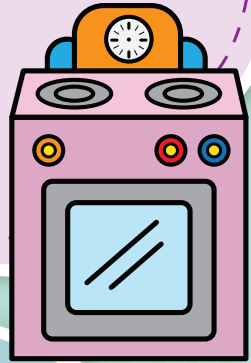
play

How I Respond (Social)



- I am happy when you bring me out and introduce me to new friends and surroundings.
- I am learning to play more with other children. I may play alongside them and may still need help to share my toys.
- I enjoy play acting and love to play "pretend" with you.
- I can play dress-up and act out different roles and scenarios.
- I enjoy pottering around a play kitchen 'cooking' and making drinks for you.

Let Us SHARE!



WOW!

GO!

How I Understand

- I will ask many questions as I am curious about everything.
- I can read books with you and identify some of the pictures.
- I can turn the pages of books and appreciate the pictures.
- I can mix and match items and identify simple similarities and differences.
- I can match and categorise objects according to colours and shapes.
- I can match items and play simple jigsaw puzzles with you.

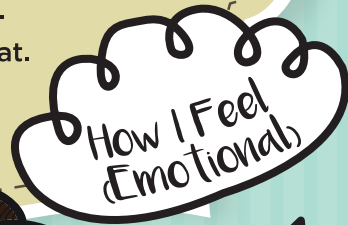
YAY!



FUN



- I feel safe when I know that you are near me when I play.
- I feel respected and wanted when you speak to me and answer my questions.
- I like to pretend to be mummy, daddy or baby or teacher.
- I like new experiences because everything is fresh and interesting to me.
- I get upset when I am yelled at.





How I Grow

- Bring me out to places where I can run around and play freely.
- Teach me how to play hop-scotch to acquire balancing skills.
- Bring me to the playground and let me ride my tricycle around.
- Gently remind me if I need to go to toilet to ease myself.
- When you remind me to go to the toilet, I begin to understand my body better.



How I Communicate

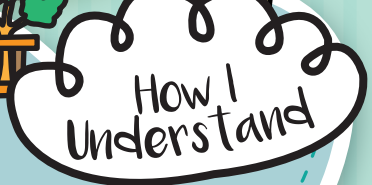
- Engage me in many simple conversations, games and activities.
- Encourage me to speak properly by engaging me in simple conversations.
- Share with me the names of things and items so I can learn them.
- Read different types of books to me – stories, rhymes, factual books on animals, insects, fish etc.





How I Respond (Social)

- Introduce me to new friends and remind me to share my toys.
- Do set time aside for family outings and play dates to different places such as the beach, park, zoo and playground.
- Provide me with costumes and join me in “pretend” play. The costumes can be clothes and accessories such as a doctor’s coat, a contractor’s boots, sunglasses, scarves or ethnic costumes.
- Let me play with pots and pans, plastic cups and saucers, forks and spoons, baskets etc and play ‘cooking’ ‘marketing’ having meals etc together.

How I Understand

- Be patient in explaining things to me as I like to ask many questions.
- Show me how to take things apart and put them together again.
- Do find time to read regularly with me. Talk about the book and point out the words and pictures to me.
- Organise activities that allow me to match toys of the same shapes and colours. We can also sort out the laundry according to size, types or colours together.
- Bring me outdoors to the park or beach and we can pick up leaves, pebbles, shells, twigs and other ‘treasures’. We can sort them out and talk about them.





How I Feel Emotional

- Keep an eye on me when I am playing outdoors. It makes me feel safe and secure.
- Spend some time chatting with me every day. You can tell me about your day at work or the things you see.

